

„Kontrolliertes Trinken“ und „Trinken unter Kontrolle“ zwischen Anspruch und Wirklichkeit

(Controlled drinking and drinking under control– an inventory of treatment/intervention practice)

Summary

The research project provides a detailed overview of inpatient and outpatient programs applying principles of controlled drinking 'cd' ('drinking plans, moderation management') or of drinking under control 'dc' ('wet places'). This proposal is based on previous studies conducted in Switzerland which provided rough data on the attitudes toward cd/dc and self-reported practice of cd/dc programs. The study suggested here, will produce more specific and detailed information on professional practice related to diagnostics, marketing of programs, evaluation efforts, the interface between cd and dc and the role of cd and dc services within regional treatment networks. These data will be collected both by a postal survey - allowing for a content analysis of program concepts - and in-depth case studies including on-site visits and 'a look into the black box of treatment'.