

## 2. SCIENTIFIC PART

### 1. Summary

*(project title):* **Gender Role Orientation and Masculinity - therapeutic relevance for inpatient alcohol treatment**

*(starting point)* Men's health and the relationship between masculinity and self-destructive behaviour have only recently as part of the gender mainstreaming concept gained more attention. However, in addiction treatment men specific needs, for instance related to the father role, sexuality and abuse have not been addressed. Even though men represent about two thirds of the treatment population of Swiss inpatient programs, there is only one facility with a specific concept for drug addicted men only. Few out-patient programs offer groups exclusively for men.

*(objectives)* The research project pursues three main objectives: a) The *comparative description* of 'gender role orientation', 'gender-related self-concept' and 'masculine gender role stress' in a *clinical population* of men in residential addiction treatment and a matched *population control group*. b) The description of male patients' perception of the importance and therapeutic relevance of men - specific treatment needs to compile an *inventory of men-specific treatment needs*. c) an explanatory analysis using 'gender-related self-concept', 'gender role orientation' and 'masculine role stress' as predictors of selected treatment outcome indicators.

*(methods)* A male patient sample of the suedhang and Forel alcohol clinics (n=200) with a minimum of four weeks treatment experience will be interviewed (written interviews) and compared with a male population sample (n=200) matched by age, marital status, number of children and occupational status.

*(relevance, knowledge transfer)* The results of the study suggested here, will help to improve treatment for addicted men by matching program structures to men's specific needs.. Specific recommendation for men specific treatment modalities and concepts will be developed: The results of this study will be presented at a consensus meeting with experts on men's health and prevention specialists (e.g. MaGs *Men's Health/Männergesundheit* by RADIX , 'Männer.ch' the national platform for men's issues and perspectives and the BAG gender agency). .